



Dr Alison Roberts

MBBS FRANZCP

Consultant Psychiatrist

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Patient Information Sheet

New Referrals

- Dr Roberts is currently accepting new referrals, however, she is unable to accept all new referrals.
- If Dr Roberts assesses that from the information contained within your referral letter that she can appropriately provide your care via her telehealth only clinic then your referral will be accepted.
- Reasons for declined referrals include
 - that Dr Roberts' doesn't feel that telehealth only psychiatric treatment is appropriate for your individual presentation
 - that at the time of the referral Dr Roberts' didn't have the capacity in her clinic to take on your care
 - that Dr Roberts' doesn't provide the subspecialised psychiatric care that has been indicated that you will require in the referral letter

Clinic Business Hours

- Clinic business hours are 9am to 1pm Monday to Thursday.

Telehealth Reviews – via GP Consults

- Dr Roberts runs a telehealth only clinic and completes all reviews via GP Consults, an online videoconferencing platform.
- When Dr Roberts is ready to commence your scheduled review, she will send you a link via both SMS and email. Please click on this link to join your review with Dr Roberts. You can connect through your smart phone, tablet or computer.

Patient Suitability for Telehealth Only Psychiatric Treatment

- Telehealth only psychiatric treatment is not appropriate for all patients. If Dr Roberts' feels that your individual presentation would be more appropriately managed through an alternative psychiatric service (such as the local public mental health service or a psychiatrist who offers face-to-face reviews and inpatient treatments), then she will discuss this with you and send a letter back to your referring GP to both advise as well as request that they facilitate your referral to this alternative psychiatric service.

ASD and ADHD Assessments Completed by a Psychologist

- Please note that Dr Roberts cannot confirm a diagnosis of ASD or ADHD from a psychology assessment report. Dr Roberts needs to complete her own comprehensive assessments in order to be able to confirm a diagnosis of ADHD or ASD. Please see the details below in regards to approximate assessment timeframes and fees for ASD and ADHD assessments through Dr Roberts' clinic.

ADHD (Attention Deficit Hyperactivity Disorder) Assessment in Adults

- An ADHD assessment requires multiple reviews (usually approximately 4xreviews, however, it may be more or less than this depending on the complexity of an individual patient's presentation). Due to the amount of information required to make an appropriate assessment in relation to a possible diagnosis of ADHD, the subsequent reviews (the reviews following the initial new patient appointment) are usually >45 to ≤75minute appointments (MBS 91830 - \$410). Please be aware that these reviews are ADHD assessment related reviews and further management related reviews will be required if a diagnosis of ADHD is made and medication management is planned.

ASD (Autism Spectrum Disorder) Assessment in Adults

- An ASD assessment requires multiple reviews (usually approximately 7xreviews, however, it may be more or less than this depending on the complexity of an individual patient's presentation). Due to the amount of information required to make an appropriate assessment in relation to a possible diagnosis of ASD, the subsequent reviews (the reviews following the initial new patient appointment) are usually >45 to ≤75minute appointments (MBS 91830 - \$410).

Emergency Psychiatric Care Unable to be Provided

- Dr Roberts is unable to provide emergency psychiatric care though her clinic.
- If emergency psychiatric care is required then please follow the below recommendations:
 - If you require urgent mental health support then please call one of the below support services or present to your local public hospital emergency department.
 - Local Hospital Public Mental Health Service: 1300 MH CALL (1300 64 22 55)
 - Lifeline Australia: 13 11 14
 - Suicide Call Back Service: 1300 659 467
 - If you are at immediate risk of harm or your life is currently at risk, then you need to call 000 for urgent medical attention.

Further Information

- Further details regarding Dr Roberts' clinic can be found on her website <https://drar.com.au/>
- Michelle, Dr Roberts' administrative officer, can also provide further detailed information regarding Dr Roberts' clinic. Michelle can be contacted during business hours via phone on (07) 3543 4720 or via email at reception@drar.com.au